

What is Karma really?

Karma;

Most often this word is interpreted as action. I prefer to explain karma as components of action. There are two kinds of karma (most also teach this). One is fundamental karma that begins as very minute collections of energies from *potential*. If you research “virtual particles” in Physics, you can visualize this Quantum environment. When energies collect faster than the speed limit of light, they come in and out of existence in what is called “empty” space.

As varied energies amalgamate they form *inertia* toward manifesting their essences as we latter identify in Buddhism as instantiation of karma. Our life, form, and consciousness are all formed of these inertia of energies. In Buddhism these energies are described early on in the 12 linked causal chain or *Nidana*. This is also described within the concepts of Tien-Tai’s *3000 realms of existence in a single thought moment*, and Nichiren reference to *Ichinen Sanzen*. (I have videos on my YouTube and Patreon channels on this and many subjects about karma).

The second type of karma is created in our *Samsaric* human lives formed or instantiated by this immense collection of energies. As “conscious” beings we have the opportunity to interact and modify these primal energies to dispel the kinetic energies or redirect them toward a quiescent state of non-instantiated potential. Our every action on thought, word, or deed is an influence to continue or redirect our life inertia as we choose. To study our mind is to peek into the workings of our inertia and to begin to discern our tendencies and negative habits. By altering actions before we fall prey to our inertia, we can realign our inertia and minimize possible negative fallout. In this way we end “craving” (*kinetic energy*) to assimilate potential energy that frees us from the kinetics of the human mind and brings us clarity, to observe life rather than being pushed through life precipitously by the kinetics of instantiation and differentiation; named in Buddhist teachings as the mind of distinctions and also named identification or attachment.

What occurs “to” us, or what our perceptions of actions in our minds and the minds of others, is largely the interactions of countless amalgams of energies as they interact. Everything we experience, observe, feel, and our very thoughts, are all the result of our own predilections, and innumerable filters of experience and identification; In other words, Samsara. This identification with other, I, mine, etc. is Samsara. Karma is simply energy. Observing energy in “action” is our human experience and a fleeting, temporary opportunity. In short, what we perceive as occurring to others is a false perception of self. There is no separation of self and other. Our choice is to simply fall or flow with the inertia as a spectator and accept whatever comes, or to intervene, release ourselves from inertia, and observe the amazing play of time and conditions.

I hope that helps to understand. This is a big subject and will require more study than I can write in this blog.

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