

Nichiren Quotes

"Summoning up the courage to take action is always the same regardless of how seemingly big or small the challenge. What may look like a small act of courage is courage nonetheless. The important thing is to be willing to take a step forward." ~ Nichiren

"Never let life's hardships disturb you. No one can avoid problems, not even saints or sages." ~ Nichiren

"That which you give to another will become your own sustenance; if you light a lamp for another, your own way will be lit." ~ Nichiren

"Suffer what there is to suffer, enjoy what there is to enjoy. Regard both suffering and joy as facts of life, and continue chanting Namu-myoho-rence-kyo, no matter what happens. How could this be anything other than the boundless joy of the Law?" ~ Nichiren

"A mind now clouded by the illusions of the innate darkness of life is like a tarnished mirror, but when polished, it is sure to become like a clear mirror, reflecting the essential nature of phenomena and the true aspect of reality. Arouse deep confidence and resolve, and diligently polish your mirror day and night. How should you polish it? Only by chanting Namu-myoho-rence-kyo" ~ Nichiren

"One should become the master of one's mind rather than let one's mind master him." ~ Nichiren

"By an increase in anger, warfare arises. By an increase of greed, famine arises. By an increase of stupidity, pestilence arises. Because these three calamities occur, the people's earthly desires grow all the more intense, and their false views thrive and multiply." ~ Nichiren

"The Vimalakirti Sutra states that, when one seeks the Buddhas' emancipation in the minds of ordinary beings, one finds that ordinary beings are the entities of enlightenment, and that the sufferings of the cycle of birth and death are nirvana. It also states that, if the minds of living beings are impure, their land is also impure, but if their minds are pure, so is their land. There are not two lands, pure or impure in themselves. The difference lies solely in the good or evil of our minds." ~ Nichiren

"Buddhism is reason. Reason will win over your lord."
— Nichiren Shonin