- 3000 Realms Ichinen Sanzen
- Non-Differentiation
- Quiescent energy

MYO

HO

- Amala (9th) Consciousness
 - 12 linked causal chain Nidana
 - 5 aggregates Skandhas
 - Start of Rebirths, Decay, Deaths
 - Cravings / Attachments Samsaric "identity"
 - 5 senses consciousnesses

d Buddha Mind

Samsara Mind



- Instantiation/Birth Manifestation/extinction (cause / effect)
- Human exterior 6th Mind consciousness
- Ten Worlds
- The three realms of existence
- Constant Karmic creation



- Actions modification (influence) karma
- Human internal Mind 7th Manoconsciousness of cravings and illusions of a
 "self" enforcing attachments
- Karmic repository of 8th consciousness



- All Buddha's Teachings
- Start of the 8 fold Noble Path
- Beginning of the Bodhisattva Path
- Realization of deep insight
- Cessation / Liberation from Cravings
- Quiescent Mindfulness
- Complete understanding in this life with 9th -Amala Consciousness (Myo)

Buddhist training